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《嚴以律己，寬以待人》

「君子求諸己，小人求諸人」，這句話總在我爺爺的身上體現。他是一位退伍的老兵，一位將紀律和責任銘記於心，卻永遠待人寬厚的人。

媽媽經常告訴我，爺爺是家中每天起得最早的人，晨起五更時，他的書房總是萬家燈火中最先亮起的。不久後，從書房中傳來陣陣輕微的朗讀聲，聲音微小而沉穩。不一會兒又傳來筆和硯盤的敲擊聲。那時的我們還躺在床上睡大覺，而爺爺已經在這段時間做了許多事。等我醒來，進入書房，爺爺就坐在桌前，古色古香的書具各歸其位。爺爺寫字從不拖沓，只要寫錯一個字就重寫。厚重的紙張疊在桌旁，映襯著爺爺的嚴謹。有一次，我的妹妹因貪玩而未寫作業。本以為爺爺會嚴厲地訓斥她，可他卻對著妹妹，慈祥地說：「好好做，把它做完，我沒有提醒你，是我的過失。」他就陪著妹妹在深夜完成作業。我十分驚訝，爺爺並沒有責備妹妹，而是教導她，提醒自己。我不由得對爺爺心生敬佩。他有著向內求的良心準繩。

在我六年級時，我們班很榮幸被邀請去參加我市與北京同步閱兵儀式，大家都在此前一天感到異常興奮，我也早早休息做準備。但在第二天，我錯過了鬧鐘，並沒有如願以償的醒來，等我整裝待發趕到現場時，已經遲到了一小會，但幸好趕上。我感到自責，為什麼自己那麼不守時？晚上回到爺爺家，他已經知曉整件事情。爺爺把我帶到房間，從抽屜拿出一個原木色的盒子，裏面有一個舊鬧鐘。他握著這個鬧鐘對我說：「這是我在部隊時用的。我們雖然沒有站在戰場，但大家都刻苦認真，而時間就像生命一樣。守時，就是對人最起碼的尊重。」爺爺用樸實的話語點醒了我。他如此守時，我卻沒能做到，心裏既慚愧又感動。後來，我也再沒有遲到過了。

爺爺的「寬以待人」總是深沉的。天氣漸冷，姑姑擔心爺爺身體著涼，為他織了一件紫色的毛衣。可是錯估尺寸，導致爺爺把毛衣穿在身上略顯局促，姑姑哭笑不得，說重新給爺爺織一件，爺爺卻絲毫不介意，他用他和藹可親的臉龐對著大家說：「這多好，不用改了，我很喜歡。」往後幾天，爺爺一直穿著紫色毛衣，碰到鄰居也要誇讚幾句：「我女兒織的，手兒巧吧！」可沒有人知道，在一個平凡的午後，我看見爺爺抱著大奶奶的照片，喃喃自語：「我總在你說要給我織毛衣時，嫌棄你的手藝，也沒有給你織一件。現在沒機會啦！」爺爺笑了笑，眼裏閃著淚花，我的鼻子一酸，心中泛起了漣漪。爺爺總是苛責自己，卻沒有責備兒女的失誤，可媽媽說爺爺對大奶奶已經充滿孝心了，而他卻總懷著遺憾說著自己的不足，那麼善良，那麼深沉。

爺爺的言與行，似明鏡，照見我的浮躁。我常嚴於待人，寬於待己，但爺爺卻用自己警惕著我，嚴以律己是自我堅守，寬以待人是內心豐盈，我也應該向爺爺學習「嚴以律己，寬以待人」的處事態度。

4A 蘇熹妍 (黃社)



評語： 行文流暢，感情真摯。祖父沒有老氣橫秋，而是以心待人。



《沒有手提電話的一天》

清晨的六點，枕邊的鬧鐘還沒響，我卻在寂靜中醒來。我在睡眼惺忪之中如常地伸手拿手機，可是指尖碰到的只有冰涼的床頭櫃，那一瞬間我的心像空了一塊，這才想起手機被老師收走了。一整天我像失去舵手的船，在時間的海洋裡獨自漂流。

我坐在床邊，像一條缺氧的魚在房間坐立不安，做功課時總想是拿出手機找資料中，當手伸入口袋時才想起今天沒有手機。房間裡靜得可怕，靜得能聽到梧桐葉飄落的聲音，甚至能聽見自己的心跳聲。

這時，媽媽推門進來，看見我坐在書桌前十分驚訝地說：「咦，今天起床居然沒有玩手機？」「被老師收了……」我小聲地說。她笑着說：「既然你沒事情做，那就幫我去市場買條魚吧！」我點頭答應。

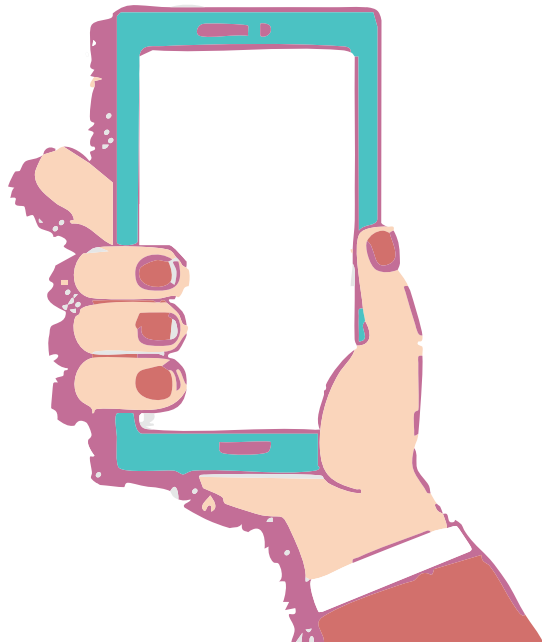
沒有手提電話，我只好憑着記憶力在小巷裡走來走去，這條走了三年的路，今天顯得格外不同。菜場的喧譁撲面而來，魚販的吆喝聲像激昂的號角聲，剁肉聲像鏗鏘的鼓聲，而顧客討價還價聲像熱鬧的二重奏，我心想：原來這個市場是這麼熱鬧！賣魚的阿姨看見我走過便說：「一心，今天只有你來買東西嗎？」我笑笑點頭，這時她俐落地撈起一條魚，銀色的鱗片在晨光中閃爍，宛如刀槍不入將軍的戰甲。我遞上一百元，她找錢時給我塞了一把小蔥。「送給你和媽媽燉湯吧！」我這才發現原來阿姨的手因長年工作而粗糙，卻又十分溫暖。

回到家，我翻出塵封的《紅樓夢》。紙質書頁發黃，翻動時發出沙沙的聲響，墨香淡淡的像遠山的薄霧般縈繞在鼻上。沒有了手提電話，我才能正式開始走進大觀園的世界。當讀到黛玉葬花時，我的心突然被擊中了，那種美好易逝的憂傷，是再精彩的影片也展現不到的。原來有些感動，需要放下手機，靜下心來才能遇見。

黃昏時分，我破天荒地和爸爸出門散步。夕陽把湖面染成了橘紅色，幾隻白鷺在淺灘覓食，翅膀掠過水面時泛起陣陣漣漪。爸爸說：「很久沒有一起散步了。」他的聲音帶些感慨，我抬頭一看，發現他的鬢角已經有了白髮，到底歲月是甚麼時候在他頭上撒下銀粉的呢？

原來沒有手提電話的日子，時間會變慢，耳朵會變靈敏，心會變得安靜，這時才能察覺到一些被我忽視了但又珍貴的東西。

4B 陳乙菲 (藍社)



評語：

立意清晰，能借沒有手提電話的一天帶出自己的反思，取材切當，能凸顯立意。取材與立意之間有緊密的聯繫。此外，文句多變流暢，能靈活運用各種寫作手法，純熟而自然。



《論生命無價，取義之可貴》

生命脆弱而又堅韌。在大千世界的各個角落，孕育著獨特的生命。每個人的生命是唯一的，而無價之處便在於唯一。孟子說：「舍生取義」，既生命無價，又何須放棄而合乎道義？誠然，生命可貴，義亦須珍重。

古語有云：「人固有一死，或重於泰山，或輕於鴻毛。」生命如螻蛄般渺小，又如巨人般龐大，它的價值是賦予的意義。捨生而取義之人往往找到了自己心中的道義，實現生命價值。

生命無價，但生命的可貴在於渺小卻堅韌。世上沒有後悔藥，而人生沒有回頭路。生命隨著時間的流逝一步步踏進消亡的盡頭。科學為甚麼誕生？生命如此渺小，為甚麼卻選擇用一生去探索？這是歷史與發展的碰撞，是人類追求未來願景的義無反顧。君可曾聽過蘇格拉底的故事？古希臘人認為他敗壞青年，一致決定處死蘇格拉底。他做了甚麼呢？他挑戰了宗教的權威，質疑民主政治，拒絕摯友的請求，決然赴死。值得嗎？蘇格拉底覺得值得。他的死激發了哲學與民主政治的矛盾，為人類哲學史發展奠定基石，而他的生命銘記在後人心中。

道義難能可貴，赤子之心因道義而永垂不朽。于謙說：「粉骨碎身渾不怕，要留清白在人間。」字句間沁著詩人的傲骨；文天祥面對敵人包圍，在臨死之際寫下《正氣歌》，毅然犧牲；奔赴在抗疫一線的醫護人員，從死神手中搶回生命……即使在盛世，仍有人在負重前行，我們生於陽光下，英雄奔走在黑暗中，唯守心中信仰，那樣璀璨、耀眼。

生命的價值不在於延續，而在於正道，合乎道義，是生命鮮紅的榮章。史鐵生曾言「生命的意義本不在索取，而在向內的建立。」風可以吹走一張白紙，卻吹不走一隻蝴蝶；暴雨可以摧殘嬌嫩的花，卻推不走一棵青松；歲月可以蹉跎一條生命，卻磨不掉取義的熱忱。生命說不服從，要堅勁，為了心中的信仰願意奉獻一切，為了更有希望的未來踽踽獨立。一代又一代地接力棒交替，後輩似乎也能穿過時間洪流，聆聽先輩泣淚的呼喊，聽見那一聲委以重任。

生命像飛鳥，欲掙脫歲月的束縛，奔向更遼遠的天空。「有的人死了，他還活著。」生命歲月有限，被賦予了意義的生命值得長存，銘記於流逝的時海，越來越鮮活。

我欲觸摸圓月，可月亮遙不可及，它的月光普照大地。生命如繁花一般易逝，可它的光輝仍照亮後人。生命無價，道義可貴，因為在他們心中，所欲有甚於生者！

● 4C 林燦鈴 (紅社)

評語：同學能昇華對道義的理解，說明每人心中的道和理想都各有不同，但為實踐目標，都甘願犧牲生命，體現當中的價值。另外同學所援引的例子遍及古今中外，增加文章說服力。





有一種人常對自己要求嚴格，待他人則寬厚。在兩千多年前，這類人稱為「君子」。我所遇到的無數人中，唯有一人能擔上「君子」之稱。她在我的記憶中，是最耀眼的一顆星星。

我總覺得，沈清像是一棵竹，花中四君子的竹，正直清高，廉潔自守，始終保持著律己的品行。每天早上八時，老師都未到達畫室，她常獨自一人坐在畫架前，繼續完成那幅參賽作品。前不久，畫室老師宣布了一場全省性的藝術創作比賽，聲明「有興趣的同學可以參與。」我左耳進右耳出，完全不當作一回事。那個周末，我沉浸在電子遊戲的世界裏，在玩樂中度過。而沈清每日起早貪黑，不斷完善著她的作品，在空無一人的畫室裏，在我娛樂的時間裏，她不曾懈怠地為了比賽做準備。到了周一，當她把那幅畫交給老師時，我瞥見那寬大的畫紙上，布滿了她的巧思妙想，用細膩的線條勾勒，每個細節都處理得精細完美，足見創作者的苦心孤詣。她從不聲張，只是默默地履行給自己的規則。

她始終能在吵鬧的環境中，建立起自己的一片寧靜。畫室裏常充斥著打鬧聲。有一次，在玩鬧中的男生打翻了她的水桶，我立刻怒火中燒，打算訓斥那名男生。她卻先一步起身，把重要的東西搬離事故現場，平靜地收拾起一片狼藉。那名男生手足無措地站著，像一個等待審判的犯人，她卻只是笑道：「還好沒波及我的畫作，平靜的海面上總會有浪潮，不過下次去掀翻加勒比海盜船吧！」尷尬的場面被她巧妙地化解，那名男生誠懇地道歉。她沒有以己度人，而是用細膩的心化解尷尬的場面，用寬大的態度待人。

我印象最深刻的是，那天我們相約前去公園餵流浪貓，見到兩個小孩子圍著小貓，不斷伸手拍打牠的頭。她走近他們，柔聲問道：「你們是想和小貓親近嗎？」兩名小孩忙不迭點頭，她耐心教著孩子們輕柔地撫摸小貓。本來不斷哈氣炸毛的小貓，漸漸平靜下來，蹭了蹭兩名小孩子的手，孩子們笑著笑著，又羞紅了臉，低頭說：「謝謝姐姐教我們正確對待小貓的方法，我們做錯了，對不起。」

我問沈清，為什麼她不嚴厲批評孩子們的過錯？她答道：「律己要嚴，待人要寬。小孩子的世界裏，太沉重的批評是一種貫徹性的傷害。」她矯正了孩子們的錯誤，也維護了她們的尊嚴。她的寬容並非毫無原則的老好人作派，而是用細膩的內心去理解他人，選擇一種最不具傷害的溫柔。

我從她身上看到了何謂君子。君子是自己長成堅韌不拔的勁竹，卻容許身邊的小草自由自在地生長。堅韌的竹骨卻包含著溫軟的春風，為自己和周遭帶來永不落幕的春！

4D 曾美希 (黃社)

評語：喜見善用成語、人物互動及反襯，突顯沈清律己寬人的形象。選材合乎人情，逐層表達，清晰明確。上佳之作！



Write an email to your cousin about attending tutorial schools



Hello David,

How have you been? I hope you're doing well. I've been busier than usual with schoolwork, and this has made me think about the pros and cons of attending tutorial classes. I've concluded that attending tutorial classes can be a double-edged sword and may not be suitable for every student.

In Hong Kong, students primarily attend tutorial schools to improve their grades, as these classes are more personal and intensive compared to regular lessons. Consequently, they receive focused attention. Another reason students go to tutorial schools is that they feel they are falling behind in their classes, and extra sessions can help them catch up. Additionally, some students wish to expand their knowledge beyond what their teachers cover in school.

However, education is not solely about passing exams and obtaining good grades. Its purpose is to prepare us for the real world and provide us with practical knowledge and skills, such as critical thinking, creativity, and discipline. I believe that tutorial schools may not always be beneficial. In fact, they can hinder our progress by diverting time and effort from our schoolwork. Furthermore, they can increase our dependence on tutors, and in the long run, the stress from prolonged study can lead to burnout.

For most students, good study habits are all they need. This includes paying attention in class and taking notes. Keeping your notes organized is also important, as it can aid in more efficient studying. Working on practice papers can help prepare us for exams, and we must eliminate bad habits to develop effective study skills.

Do you have any study tips that have helped you improve your results? I'd love for you to share them with me next time. I look forward to seeing you when I'm back for Christmas.

Take care,
Jason

● 4A Ko Chi Yu (Red House)

Comments:

The email discusses the pros and cons of tutorial schools, emphasizing their potential drawbacks, like stress and dependence on tutors, while stressing the importance of good study habits for success. Besides, you use a range of vocabulary which adds depth to your writing. Well done!



An informal letter that gives opinions on tutorial classes

Hi Chris,

How are things? I'm glad you're doing fine. Well, I'm busier than ever. I'm attending tutorial classes after school.

Attending tutorial classes in Hong Kong is a social norm. I quite agree that the classes are beneficial for my studies.

Students in Hong Kong often attend tutorial schools because they need to prepare for public exams. Some also think that by attending these classes, they can get better exam results. There are still some who prefer tutorial classes since their parents have high expectations of them. All those who go have one goal: to achieve better exam results.

This actually makes me wonder where everything is heading. Education is a journey of exploring the world and discovering oneself. It aims to develop our ability to think independently and solve problems. It helps us build a solid knowledge foundation and shape our character and values.

Therefore, students are not learning effectively when they focus so much on exam-oriented education. In fact, tutorial classes often only teach test-taking skills and standard answers, stifling students' creativity and curiosity. In the long run, this will cause students to lose their ability to study independently and may even lead to burnout toward learning itself.

I believe good study habits are what we really need. This involves active engagement in class, consistent preview and review of materials, and sticking to a structured plan. Effective learning also includes organizing notes, collaborative learning, and connecting new concepts to existing knowledge.

In any case, it's my choice, and I believe these methods work very well for me. Maybe you could consider sharing your thoughts and some of your own study methods in your next email.

Best wishes,
Chris

● 4B Chen Yi Fei (Blue House)



Comments:

This is a well-structured informal letter which provides insightful opinions about the tutorial school culture. To enhance the flow, consider tightening the transitions between your opinions about the tutorial schools and your proposed study methods. Well-argued overall. Well-done!



ARE TUTORIAL SCHOOLS A GOOD IDEA?

Hello Ben,

How are you doing? Hope you're doing well. I wonder if you've heard of a phenomenon in Hong Kong. More and more students in Hong Kong are attending tutorial schools. While I quite agree that such tutorials are helpful with the student's scores, they're spending too much time on studying in those classes. I wonder whether it's right or not.

Actually, students in Hong Kong often attend tutorial schools because parents have high expectations of them. Moreover, some students think that attending such classes will guarantee that they can excel in every single exam, and will therefore make their parents happy. However, that will also mean that they are putting themselves under great pressure, as they have no time to have a rest or play. They can become tired easily. In some cases, some of them may even lose interest or motivation in learning. Frankly, education is to help people grow, not just to excel in studies, isn't it?

Therefore, we need to develop good study skills. For me, it always starts with setting a clear and reasonable timetable. We can have short breaks after learning or doing revision. It can help us to strike a balance between learning and our mental health. Besides, making notes in class is also a good way to improve our studies. We can review them before exams too. In a word, it takes diligence and self-discipline to be a good student.

What do you think about this? Please let me know. Anyway, let's try to meet up soon.

Best wishes,
Joey



● 4C Lin Can Ling, Candice (Red House)



Comments:

- Quite an organized and easy-to-follow email, with some clear elaboration of ideas, Candice!
- You can make your ideas more relatable by adding some relevant examples from your daily life.



An informal email regarding a trip to Thailand

Dear Betty,

Thank you for your email. What you heard from Aunt Mary was exactly right. It was quite a funny experience that we had in Thailand.

We began our trip in Southern Thailand and went to a rural area. The tiger sanctuary was further away, but it was one of the must-see attractions for us. We were all so excited that none of us could fall asleep the night before our journey. We looked forward to touching the tigers directly, a major feature of the sanctuary.

It took us three hours to get to there by bus and we had to pay 100 US dollars for entry. Nevertheless, there were many people when we arrived and we queued for 1 hour under the sun. Finally, it was our turn. We entered with the tiger handler and he guided us to a huge tiger. He reminded us to stay calm and move slowly without making any noise. The tiger handler stroked the back of the tiger gently and when he felt that it felt relaxed, he signalled us to come over step by step. Everything went well.

Suddenly, a bird appeared in the line of sight of the tiger. I still do not know why, but the tiger stood up and roared. So my parents moved backwards in big steps. The tiger reacted and my parents were scared. They held one another tightly with their hands. When the tiger handler came to rescue them, their feet were shaking.

They concluded that this trip was too wild and they wanted to return to the urban lifestyle that they are used to. Before you could blink an eye, they were on their way to the airport!

Best regards,
Justin

● 4D Fung Man Yu (Yellow House)



Comments:

This email shows a clear flow of events regarding Justin and his parents' experience in the tiger sanctuary, Well done! But it could have been better had you written more on the 'funny' aspect of this experience. You tried to highlight the contrast of how Justin's parents felt before and after the trip, but you should also feature their looks.